

# Fitness

Great Classes   Body Sculpting Circuit   Cardio Conditioning

Weight Training Equipment   Personal Training   Fitness Instructors

Fitness Spa has the right exercise equipment to help you look your very best. We've cut no corners on quality and have invested in your comfort and safety.

Fitness Spa of Peachtree City has a 2,500 square foot facility and offers many amenities. As we are constantly upgrading our facility, please contact us to get a full accounting of our latest equipment.

Ladies Only!

Our Fitness Spa has the body sculpting circuit away from windows and mirrors. We offer a pleasant place to workout with your friends. We are all ease and friendliness here!

Members of Fitness Spa have many reasons for their interest in this type of facility. Some are drawn to the physical fitness or weight-loss advantages and others love the overall health benefits of daily exercise.

Whether you are interested in our programs for mental or physical well-being, Fitness Spa of Peachtree City offers a number of programs to fit your busy schedule!

